

WHAT IS LEARNING ?



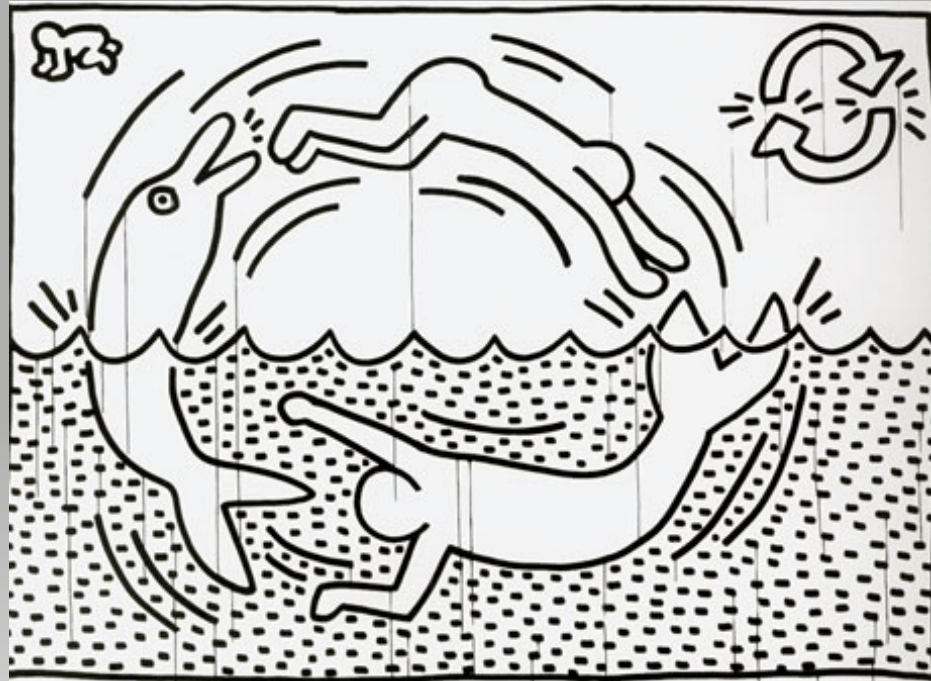
- all processes that lead to relatively lasting **changes** of capacity
- whether they be of a motor, cognitive, psychodynamic (i.e. emotional, motivational or attitudinal) or social character
- and which are not due to genetic-biological maturation

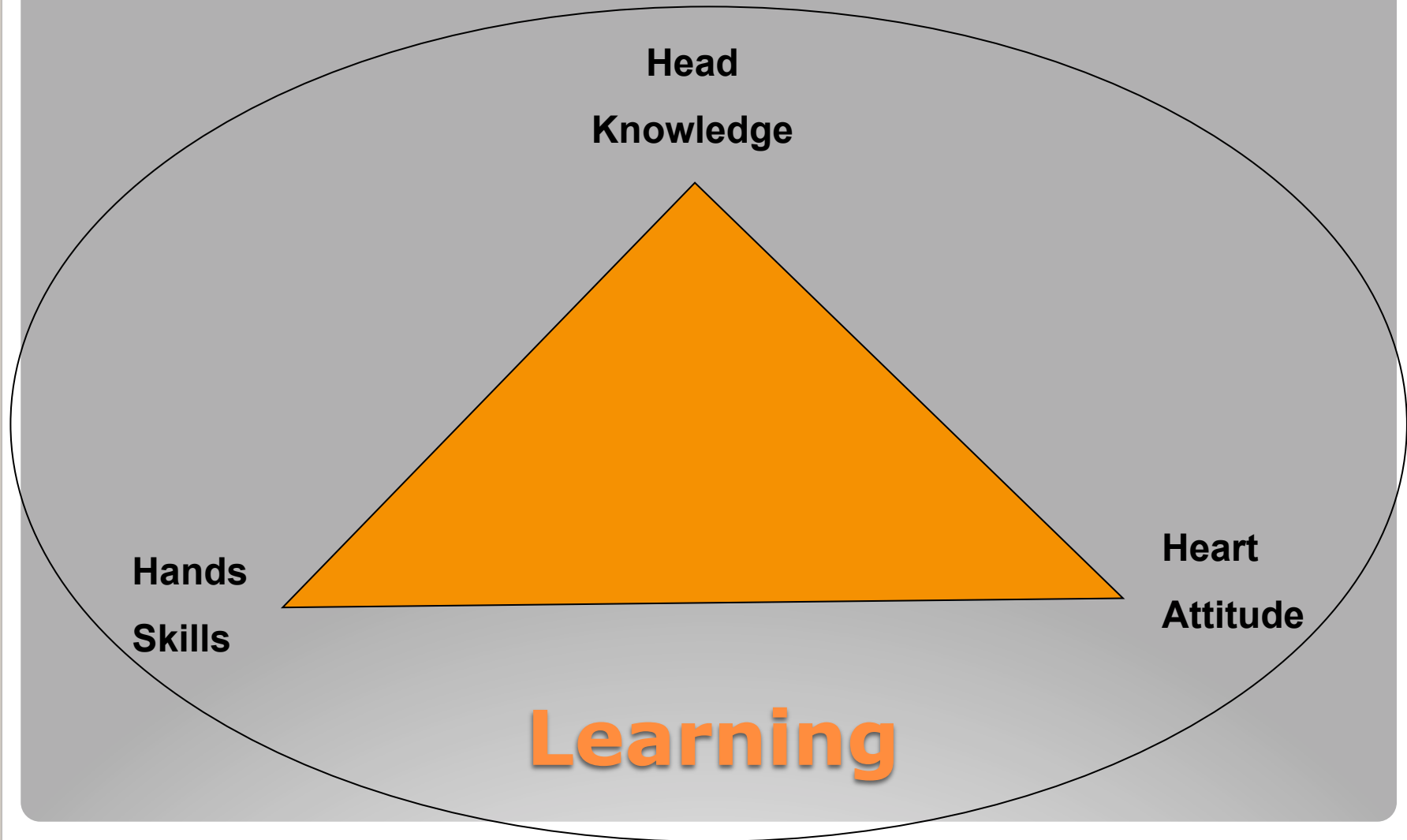
learning

Transformative learning

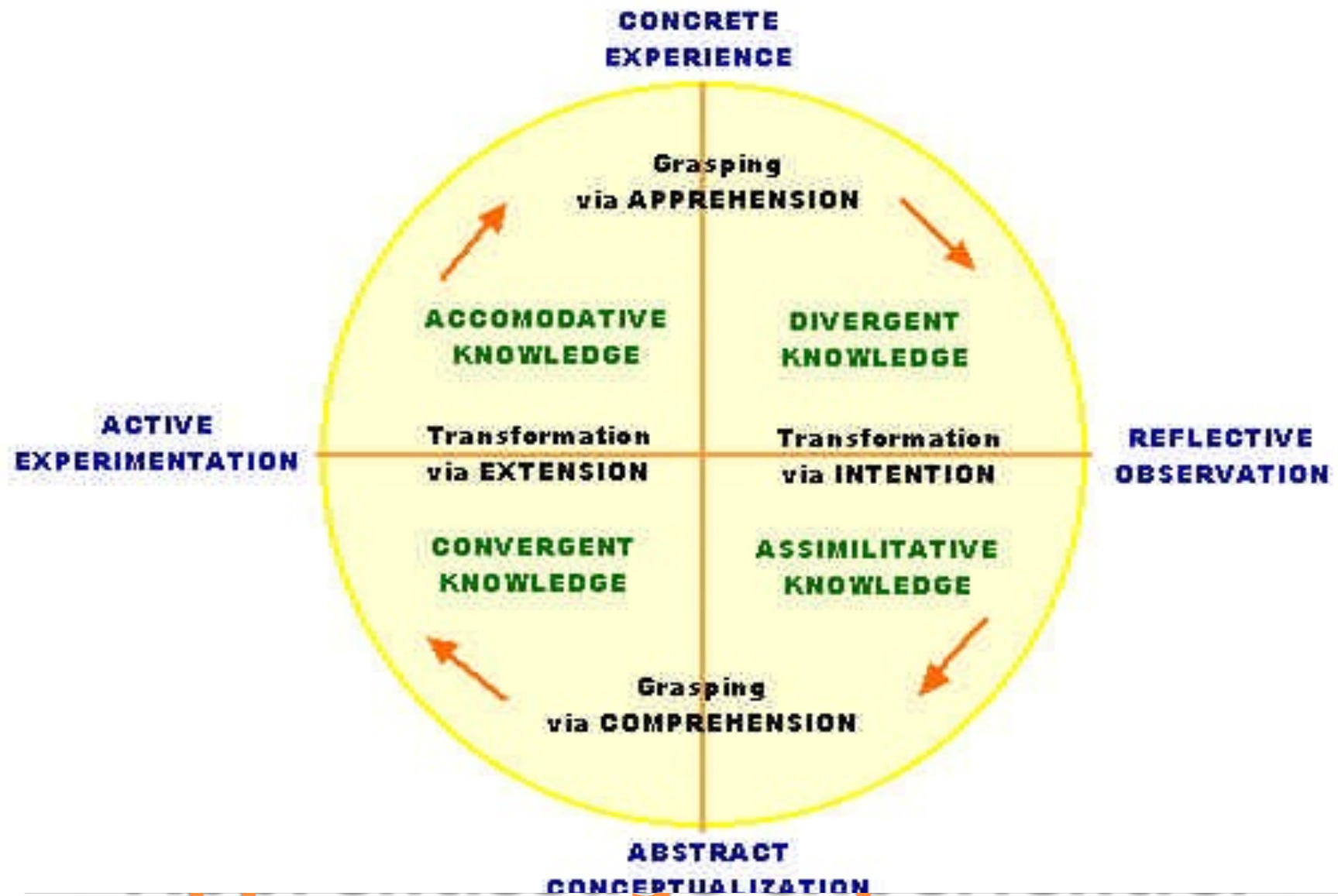
transformative

in special situations
there is also a far-
reaching type of
learning that has
been variously
described as
transformative
learning (Mezirow)





A context



*Ppt made by Alessio Surian for ACT-HRE course, adapted by
Pieter – Jan Uyttersprot for the intervention*